

Curriculum Vitae



Name: Sousan Kolahi

Gender: female

Nationality: Iranian

Marital Status: Married

Children: 1

Date of Birth: January 3, 1970

Place of Birth: Marand, Iran

Languages: Farsi, Turkish, English, and some Arabic

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Work History:

1- Teaching of Theoretical and Practical Internal Medicine for under - and postgraduate medics and paramedics.

2-Working as Rheumatologist in Subspecialty Clinics of University

3- Chief of Rheumatology wards, Sina Medical Center, Imam Reza hospital

Teaching Experience:

1-Teaching in rheumatology physiopathology course for medical students in Tabriz University of Medical Sciences.

2. Teaching for students of physiotherapy in Tabriz University of Medical Sciences.

3. Teaching internal medicine course in Tabriz dental medicine university.

4. Training in clinical rheumatology of internal medicine resident in Tabriz University of Medical Sciences.

Laboratory Experience:

I work in Densitometry center in division of rheumatology

Academic Positions:

1. Assistant Professor of Internal Medicine, Tabriz University of Medical Sciences, 2000

2. Associated Professor of Internal Medicine, Tabriz University of Medical Sciences, 2010

3. Professor of Internal Medicine, Tabriz University of Medical Sciences, 2014

Education

Educational Training:

1. **Rheumatology Fellowship:** McGill University, Montreal, Canada.2005-6

2. **Rheumatology Subspecialty:** Shahid Behashti university of Medical Sciences Tehran, Iran 2001-

3. Residency: Tabriz University of Medical Sciences (1995-1998)

4. MD: Tabriz University of Medical Sciences

Professional Memberships:

Member of Iranian Association of Rheumatology

Professional

Certifications

Computer Skills:

Qualifications

Accreditations:

and

Awards:

My thesis: 1. *Neutrophils myeloperoxidase index in megaloblastic anemia study of 60 patients*

2. Prevalence of diabetic dermopathy: study of 454 patients

Publications:

Papers:

1. Khodaeiani E, Bahrami A, Kolahi S, Hoseini F. The skin lesions in Diabetic Patients and the Study of their Prevalence in 454 patients. Medical Journal of Tabriz University of Medical Sciences and Health Services; 1998: page30. Persian.
2. Heidarneshad M, Zendeheel N, Kolahi S, Pirzeh A, Eslampanah SH. Practice of deep vein Thrombosis Prophylaxis in Teaching Hospital of Tabriz. Tanaffos; 2003: page 31. Persian.
3. Kolahi AA, Farsar AR, MoolaviNejomi M, Kolahi S, Malekafzali H. Comparison of dissertations quality of medical students in the academic years of 1991-92 and 1998-99: a study on 14 medical schools in Iran. Hakim; 2003: page 11. Persian
4. Heidarneshad H, Zende Del N, Kolahi S, Pirzeh A, EslamPanah Sh. Practice of deep vein thrombosis prophylaxis in teaching hospitals of TabrizTanaffos ; 2003: page31 . Persian
5. *Ostadrhimi AR, Mahboob SA, Kolahi S, Fardin N, Ghavami M, Shakoori K*. Nutritional status and Bone Mass Density in Postmenopausal Women. Urmia Medical Journal; 2006: page 47. Persian
6. Kolahi S, Tehranighadim MB, Daneshmand A, Kolahi AA. Evaluation of risk factors for acute renal failure in surgery of abdominal aortic aneurysm. Iranian South Medical Journal; 2007: page154. Persian
7. Kolahi S, Farzin H, Khoshbaten M. Hypochromic Microcytic Anemia in Northwestern of Tabriz, Iran. Eur J Gen Med; 2008: page178
8. Fardin N, *Ostadrhimi AR, Mahboob SA, Kolahi S*, Ghavami M. Survey of Relationship between Physical Activity and bone Mineral Density in Postmenopausal Women. Medical Journal of Tabriz University of Medical Sciences and Health Services; 2008: page79. Persian
9. Kolahi S, Kolahi AA, Tehranighadim S. Prevalence of Anemia and Microcytic Anemia among Women in North-West Tabriz. Iranian Journal of Epidemiology; 2008: page43. Persian

10. Fardin N, Ostadrahimi AR, Mahboob SA, Kolahi S, Ghavami M. Dietary intake and serum bone related chemistry and their correlations in postmenopausal Iranian women. *Saudi Medical Journal*; 2008: page1643
11. Baron M, Schieir O, Hudson M, Steele R, Kolahi S, Berkson L, Couture F, Fitzcharles MA, Gagné M, Garfield B, Gutkowski A, Kang H, Kapusta M, Ligier S, Mathieu JP, Ménard H, Starr M, Stein M, Zummer M. The clinimetric properties of the World Health Organization Disability Assessment Schedule II in early inflammatory arthritis. *Arthritis Rheum.* 2008 Mar 15;59(3):382-90.
12. Hejazi J, Kolahi S, Mohtadinia J. The relationship between Age, Weight, BMI, Postmenopausal age and Bone Mineral Density in Postmenopausal women, *Journal of Shaeed Sadoughi University of Medical Science and Health Services Yazd*; 2009: page68. Persian
13. Nemati M, Kolahi S, AzarmiSh, GhorbanihaghjoA, Varshoi M, Mokhtari R, Vatankhah AM, ValizadehH. The Efficacy of a Topical Gel Prepared Using Lake Urmia Mud in Patients with Knee Osteoarthritis. *The Journal of Alternativeand Complementary Medicine*; 2009: page1239
14. Bonyadi M, Jahanafrooz Z, Esmaeili M, Kolahi S, KhabaziA, Ebrahimi AA, Hajjalilo M, DastgiriS. TNF- α gene polymorphisms in Iranian Azeri Turkish patients with Behcet's Disease. *Rheumatol Int*; 2009
15. Hejazi J, J Mohtadinia J, Kolahi S, Ebrahimi M. Nutritional status among postmenopausal osteoporotic women in North West of Iran. *Asia Pac J Clin Nutr*; 2009: page 48
16. Kolahi S, Ghorbanihaghjo A, Alizadeh S, Rashtchizadeh N, ArganiH, Khabazzi AR, Hajjalilo M, BahreiniE. Fish oil supplementation decreases serum soluble receptor activator of nuclear factor-kappa B ligand/osteoprotegerin ratio in female patients with rheumatoid arthritis. *Elsevier*; 2010: page576
17. Kolahi S, Estakhri R, Khabazi A, Hajjalilo M, Sarabchian M A, Ghorbanihaghjo A. Comparing of Effect of Oral Prednisolone and Intra-Articular Triamcinolone in Treatment of Inflammatory Knee Osteoarthritis. *Medical Journal of Tabriz University of Medical Sciences and Health Services*; 2010: page 67. persian

18. Kolahi S, Hejazi J, Mohtadinia J, Jalili M, Farzin H. The evaluation of concurrent supplementation with vitamin E and omega-3 fatty acids on plasma lipid per oxidation and antioxidant levels in patients with rheumatoid arthritis. *The Internet Journal of Rheumatology*; 2010 Volume 7 Number 1
19. Kolahi S, Khabaazi A, Hajjaliloo M, Namvar L, Farzin H. The Evaluation of Quality of life in rheumatoid arthritis, osteoarthritis and fibromyalgia and its comparison with quality of life in normal women. *The Internet Journal of Rheumatology*; 2010 Volume 7 Number 1
20. Hejazi J, Mohtadinia J, Kolahi S, Bakhtiyari M, Delpisheh A. Nutritional status of Iranian women with rheumatoid arthritis: Assessment of dietary intake and diseases activity. *Future Medicine*; 2011: page599
21. Kolahi S, Fardin N, Ostadrahimi AR, Mahboob SA. The role of proper food habit and physical activity level in preventing osteoporosis postmenopausal Iranian women. *International Journal of osteoporosis and metabolic disorders*; 2011: page37
22. Eslamian F, Shakouri S K, Hajjaliloo M, Toufan J, Kolahi S, Houshyar Y. Effect of Aerobic and Strengthening exercises on Balance, muscle strength and bone density in post-menopausal women with primary osteopenia and osteoporosis. *Medical Journal of Urmia University of Medical Sciences and Health Services*; 2011: page175 persian
23. Esmaili M, Bonyadi M, Khabbazi A, Ebrahimi AA, Sharif S K, Hajjaliloo M, Kolahi S, Dastgiri S. Common *MEFV* mutations in Iranian Azeri Turkish patients with Behçet's disease. *Scand J Rheumatol*; 2011: page1
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25. Jalili M, Aref-Hosseini R, Kolahi S, Ebrahimi-Mamegani M, Sabour S. The Effect of Antioxidants Supplement on Lipid Peroxidation and Serum Aryl Esterase Enzyme in Rheumatoid Arthritis Patients. *American Medical Journal*; 2011: page 119

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31. Hajjaliloom M, Noshad H, Khabazi A, Kolahi S, Azari M, Abbasnezhad M. Familial rheumatoid arthritis in patients referred to rheumatology clinics of Tabriz, Iran. International Journal of Rheumatic Diseases; 2012: page110

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- 53.MahsaJalili, Sousan Kolahi, Seyed Rafie Aref-Hosseirri, Mehraogiz Ebrahimi-Mamegani,Azita Hekmatdoost. Beneficial role of antioxidants on clinical outcomes and erythrocyte parameters antioxidant in rheumatoid arthritis patients. International Journal of Preventive Medicine, Vol 5, No 7, July, 2014
54. Alireza Khabbazi, Amir Ghorbanihaghjo, Farahnoosh Fanood, SousanKolahi, MehrzadHajjaliloo, NaderehRashtchizadeh. A comparative study of vitamin D serum levels in patients with recurrent apthous stomatitis. The Egyptian Rheumatologist 2014
55. Elham Mirtaheri, Bahram PourghassemGargari,SousanKolahi, Mohammad Asghari-Jafarabadi, Mehrzad Hajjaliloo. Effect of Alpha-lipoic Acid Supplementation on Serum Lipid Profile in Women withRheumatoid Arthritis. Nutrition and Food Sciences Research Vol 1, No 1, Jul-Sep 2014:11-18

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57. Mehrzad Hajjalilo, Amir Ghorbanhaghjo, Alireza Khabbazi, Hamed Valizadeh, Sina Raeisi, Alka Hasani, Mojtaba Varshochi, Sousan Kolahi, Mohamad Reza Nakhjavani. Nasal carriage rate of *Staphylococcus aureus* among patients with systemic lupus erythematosus and its correlation with disease relapse. *The Egyptian Rheumatologist* 2014
58. Khabbazi A, Noshad H, Shayan FK, Kavandi H, Hajjalilo M, Kolahi S. Demographic and clinical features of Behcet's disease in Azerbaijan. *Int J Rheum Dis*. 2014 Oct 28.
59. Sousan Kolahi, Ali Fakhari, Mehrzad Hajjalilo, Alireza Khabbazi, Sahar Hassanzadeh Dizaj, Mahdi Hemati. Mental Health Status in Patients with Fibromyalgia. *Journal of Basic & Applied Sciences*, 2014, 10, 509-513
60. Sousan Kolahi, Hamid Noshad, Atabak Asvadi, Alireza Khabbazi, Parviz Saleh. Effect of Attaching Standard Medical Recording Guidelines to the Patient File on Quality of Medical Students' Skills. *Res Dev Med Educ*, 2014, 3(2), 93-96
61. Pourghasem gargari B, kolahi S, Dehghan P, khabbazi A, Mirtaheri E. Effects of alpha-lipoic acid supplementation on clinical status and anthropometric indices in women with rheumatoid arthritis. *Current topics in nutraceutical research*. vol. 13, no. 1, pp. 69-74, 2014
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63. Sousan Kolahi, Aida Malek Mahdavi b, Reza Mahdavi, Sima Lak. Effect of L-carnitine supplementation on clinical symptoms in women with osteoarthritis of the knee: A randomized, double-blind, placebo-controlled trial. *European Journal of Integrative Medicine* 7 (2015) 540–546

64. Eslamian F, Shakouri S K, Hajjaliloo M, Toufan J, **Kolahi S**, Houshyar Y. Effect of Aerobic and Strengthening exercises on Balance, muscle strength and bone density in post-menopausal women with primary osteopenia and osteoporosis. *Clinical Medicine Journal*. Vol. 1, No. 5, 2015, pp. 162-170
65. Pourghasem Gargari, Aliasghari, **Kolahi S**, Asghari Jafar-abadi M, Mirtaheri E. Effects of alpha-lipoic acid supplementation on blood pressure and some inflammatory factors in women with rheumatoid arthritis. *Arak Medical University Journal* .2015; 17(93): 9-18
66. Elham Mirtaheri, Bahram Pourghassem Gargari, **Sousan Kolahi**, Parvin Dehghan, Mohammad Asghari-Jafarabadi, Mehrzad Hajjalilou, Zahra Shakiba Novin, Mehran Mesgari Abbasi .Effects of Alpha-Lipoic Acid Supplementation on Inflammatory Biomarkers and Matrix Metalloproteinase-3 in Rheumatoid Arthritis Patients. *Journal of the American College of Nutrition*, Vol. 0, No. 0, 1–8 (2015)
67. Effects of phylloquinone supplementation on lipid profile in women with rheumatoid arthritis: a double blind placebo controlled study. **Sousan Kolahi**, Bahram Pourghassem Gargari, Mehran Mesgari Abbasi, Mohammad Asghari Jafarabadi, Neda Ghamar zad Shishavan. *Nutrition Research and Practice*. 2015
68. Neda Ghamar zad Shishavan, Bahram Pourghassem Gargari P, **Sousan Kolahi**, Mehrzad Hajjalilo, Mohammad Asghari Jafarabadi , Yousef Javadzadeh. Effects of Vitamin K on Matrix Metalloproteinase-3 and Rheumatoid Factor in Women with Rheumatoid Arthritis: A Randomized, Double-Blind, Placebo-Controlled Trial. *Journal of the American College of Nutrition*, Vol. 0, No. 0, 1-7 (2015)
69. Aida Malek Mahdavi, Reza Mahdavi , Sousan Kolahi , Maryam Zemestani, Amir-ansour Vatankhah. L-Carnitine supplementation improved clinical status without changing oxidative stress and lipid profile in women with knee osteoarthritis. *Nutrition Research* 35 (2015) 707 - 715
70. Neda Ghamar zad Shishavan, Sepideh Haghifard, Soheila Norouzi, Bahram Pourghassem Gargari, **Sousan Kolahi**, Mohammad Asghari Jafarabadi. The Association between Anthropometric Indices and Disease Severity in Women with Rheumatoid Arthritis. *Medical Journal of Tabriz University of Medical Sciences and Health Services* Vol. 37, No. 4, Oct. - Nov. 2015, Pages: 40-47
71. Hadise Kavandi, Mehrzad Hajjaliloo, Mojtaba Varshochi, Sousan Kolahi , Alireza Khabbazi. A case of granulomatosis with polyangiitis complicated by two opportunistic infections. *International Journal of Rheumatic Diseases* 2016

72. Mehrzad Hajjalilo , Amir Ghorbanihaghjo, Leyla Valaee, Sousan Kolahi ,Naderh Rashtchizade, Maryam Bannazadeh Amirkhiz, Ida Malekmahdavi¹ ,Alireza Khabbazi. A double-blind randomized comparative study of triamcinolone hexacetonide and dexamethasone intra-articular injection for the treatment of knee joint arthritis in rheumatoid arthritis. *International Journal of Rheumatic Diseases* 2016
73. Aida Malek Mahdavi, Reza Mahdavi, **Sousan Kolahi** . Effects of L-Carnitine Supplementation on Serum Inflammatory Factors and Matrix Metalloproteinase Enzymes in Females with Knee steoarthritis: A Randomized, Double-Blind, Placebo-Controlled Pilot Study. *Journal of the American College of Nutrition*, Vol. 35, No. 7, 597-603 (2016)
74. Hadise Kavandi, Alireza Khabbazi, Sousan Kolahi, Mehrzad Hajjalilo, Farid Karkon Shayan, Mohammad Oliaei. Long-term efficacy and safety of interferon α -2a therapy in severe refractory ophthalmic Behcet's disease. *International Journal of Rheumatic Diseases* 2016
75. Alireza Khabbazi, Farideh Zolrahim, Mehrdad Asghari Estiar , Ebrahim Sakhinia , Sousan Kolahi. Molecular Analysis of MEFV Gene polymorphisms and Mutations in Iranian Azeri Patients with Rheumatoid Arthritis. *Iran J Public Health*, Vol. 45, No.10, Oct 2016, pp.1383-1385
76. Sousan Kolahi, Amir Ghorbanihaghjo, Nadereh Rashtchizadeh, Alireza Khabbazi, Mehrzad Hajjalilo, Hamid Noshad, Farnaza Boostani¹, Mohaddeseh Mokhtarkhani. Osteoprotegerin (OPG) levels, total soluble receptor activator of nuclear factor-Kappa B ligand (total sRANKL) , and RANKL/OPG ratio in patients with rheumatoid arteritis
Rheum. Res., Vol. 2, No. 1, Jan. 2017
77. Sousan Kolahi, Alireza Khabbazi, Aida Malek Mahdavi, Amid Ghasembaglou, Arezoo Ghasembaglou, Nayyereh Aminisani, Mohammad Hossein Somi. Prevalence of musculoskeletal disorders in Azar cohort population in Northwest of Iran. *Rheumatol Int* 2017

Abstracts:

Presentation:

1. Hejazi E, Kolahi S. Case report of Yellow-nail-syndrome, 10th Congress of Iranian College of International Medicine; 1999. Persian.
2. Ostadrahimi AR, Mahboob SA, Farrin N, Kolahi S. Nutrition and bone assessment of post-menopausal women in Tabriz. The second international congress of gerontology in Iran; 2006. Persian
3. Ostadrahimi AR, Mahboob SA, Kolahi S, Farrin N, Ghavami M. Physical activity and bone mineral density in postmenopausal women. 9th Iranian Nutritional Congress; 2006. Persian
4. Farrin N, Mahboob SA, Ostadrahimi AR, Kolahi S. Relationship between calcium intake from dairy products and bone mineral density in post-menopausal women. 9th Iranian Nutritional Congress; 2006. Persian
5. Kolahi S, Farrin N, Ostadrahimi AR, Mahboob SA. Assessment of micronutrients (calcium, phosphorous and magnesium) intake and their association with mass density in postmenopausal women in Tabriz-Iran. 2nd International congress on Food and Nutrition; 2007 Istanbul, TURKEY
6. Hajjaliloom, Khabaazi A, Kolahi S. Neck involvement in RA. First Rheumatology society congress, Iran-Tehran; 2007. Persian
7. Khabaazi A, Hajjaliloom, Kolahi S, Khatoun Sharif S, Mirfeizi Z. A study of 35 patients with palindromic rheumatism. Iran-tehran; 2007. Persian
8. Kolahi S, Momayezi A. Lupus presentation in Iranian patient. First Rheumatology society congress, Iran-Tehran; 2007. Persian
9. Khabaazi A, Hajjaliloom, Kolahi S. Study on Diagnostic Value of Anti Cyclic Citrullinated Peptid(Anti C.C.P) in Rheumatoid Arthritis Patients. First Rheumatology society congress Iran-Tehran; 2007. Persian

10. HajjalilooM, KhabaaziA, Kolahi S. The Study about duration between onset of radiographic and diagnostic clinical finding of Ankylosing spondylitis and diagnosis in Iran. First Rheumatology society congress, Iran-Tehran; 2007. Persian
11. Kolahi S, Rajaei AR, Kolahi AA. Nutritional status of postmenopausal osteoporotic women in North West of Iran. 3ed Rheumatology society congress, Iran-Tehran; 2008. Persian
12. Kolahi S, Iramloo H, Ebrahimi A A, Poreisa M. Evoked potential Findings In Behçet's Disease. International Journal of Rheumatic diseases; 2008
13. Kolahi S, EmamM, KhabasiA, HajjalilooM. L-carnitine treatment of women with Fibromyalgia. Ann Rheum Dis; 2008
14. HajjaliloM, Kolahi S, Akbarian M, Gharibdust F, KhabasiA. Serum Thrombomodulin Levels In Patients With Renal Involvement In Systemic Lupus Erythematosus. Ann Rheum Dis; 2008
15. Kolahi S, Fardin N, Mahboob SA, Ostadrahimi AR. Assessment of Association between Dietary Calcium Intake and Serum PTH Level in Three Groups of Postmenopausal Women (Normal, Osteopenia and Osteoporosis) in Iran, Tabriz. The 4th Pan Arab Osteoporosis. 2008
16. Fardin N, Ostadrahimi AR, Mahboob SA, Kolahi S. Assessment of Association between Serum Biomarkers (Calcium, Phosphorous and Parathyroid Hormone (PTH)) of Osteoporosis and Bone Mass Density (BMD) in Postmenopausal Women in Iran, Tabriz. The 4th Pan Arab Osteoporosis; 2008
17. Kolahi S, Nematim, Varshoi M. Efficacy and safety of topical gel prepared from Mud of Urmia Lake in treatment of knee osteoarthritis. Ann Rheum Dis; 2008
18. Kolahi S, Estakhri R, Sarabchian M. Comparing of Effect of Oral Prednisolone and Intra-Articular Triamciolone in Treatment of Inflammatory Knee Osteoarthritis. The Eular Journal; 2008
19. Hejazi J, J Mohtadinia J, Kolahi S, Ebrahimi M. Nutritional status of postmenopausal osteoporotic women in North West of Iran. Mata; 2008. Persian.

20. Hejazi J, J Mohtadinia J, Kolahi S. Relation between fruits and vegetables consumption with bone mineral density. *Mata*; 2008. Persian.
21. Kolahi S, Fardin N, Mahboob SA, Ostadrahimi AR. A survey in frequency of fruits and vegetables consumption among three groups (BMD) of postmenopausal women (normal, osteopenia and steoporosis). *The 4th Pan Arab Osteoporosis*; 2008
22. Farrin N, Ostadrahimi AR, Mahboob SA, Vaziri Y, Kolahi S, Ghavami M. Educational level and calcium intake among three groups of postmenopausal women (normal, osteopenia and steoporosis). *Mata*; 2008. Persian.
23. Kolahi AA, Kolahi S. The Burden of Low Back pain in Iran. *Updates of Mechanical (nonspecific) Low Back Pain*; 2009. Persian.
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Books:

Translation to Persian:

- a.** Craig Frances, et al. Saint-Francis Guide to Outpatient Medicine (first ed.). Philadelphia: Lippincott Williams & Wilkins, 2000
- b.** Joyce Y. Johnson, Handbook for Brunner & Suddarth's Textbook of Medical –Surgical Nursing (19th Ed.). Philadelphia: Lippincott, 2000
- c.** Andreoli- Carpenter- Griggs- Losscalzo, Cecil Essentials of Medicine, 2004

Courses & workshops: Research workshop, EBM workshop

Research Projects:

1. The comparison of dietary intake of effective foods on clinical outcomes of Rheumatoid arthritis: A case – control study
2. The effect of Combined Antioxidant supplement on Clinical Outcomes, Blood Antioxidant Indices, Lipid Peroxidation and Lipid Profile in Rheumatoid Arthritis patients
3. The status of serum vitamin D in patients with Recurrent Aphthous compared with controls
4. Relationship between serum level of OPG/Rankle and disease activity and BMD in women with RA
5. Molecular analysis of genes (MEFV and CYP2D6) in patients with Ankylosing Spondylitis (AS) referred to specialized centers.
6. A survey on Nutritional status of Postmenopausal Women and its Association with Serum Indicators of Osteoporosis and Bone Density
7. The evaluation of concurrent supplementation with vitamin E and omega-3 fatty acids on plasma lipid peroxidation and antioxidant levels in patients with rheumatoid arthritis

8. Quality of life in rheumatoid arthritis, osteoarthritis and fibromyalgia and its comparison with quality of life in normal women
9. Effect of omega3 intake on anti-oxidant enzymes and lipid peroxidation in Rheumatoid Arthritis
10. Evaluation of serum Heparin levels and its relation to Acute-Phase Protein and disease activity in patients with Rheumatoid arthritis
11. Effect of Fish Oil Supplements on Serum Paraoxonase Activity in Female Patients with Rheumatoid Arthritis: A Double-blind Randomized Controlled Trial
12. Effect of Omega3 Fatty Acids Supplement on Serum Osteoprotegerin/ sRANKL Ratio in Patients with Rheumatoid Arthritis
14. Effect of Aerobic and Strengthening exercises on Balance, muscle strength and bone density in post-menopausal women with primary osteopenia and osteoporosis
15. Investigation of interest, knowledge and practicality of EBM in Tabriz University of Medical Sciences medical staff
16. Comparison of vitamin D level in patients with Behcet's disease and recurrent oral aphthous ulcer and healthy people and its relation to Behcet's disease activity.
17. Comparing of Effect of Oral Prednisolone and Intra-Articular Triamciolone in Treatment of Inflammatory Knee Osteoarthritis
18. Formulation, quality control and clinical evaluation of body mud from Urmia lake minerals and peloids in osteoarthritis.
19. Relation between breast cancer and bone mineral density
20. Practice of deep vein thrombosis prophylaxis in teaching hospitals of Tabriz
21. The effect of combining supplementation with selenium, zinc, vitamin A, C and E on blood antioxidants status, lipid peroxidation, lipid profile and clinical signs in patients with rheumatoid arthritis

22. Effect of vitamin K supplementation on some biochemical markers and clinical status in women with rheumatoid arthritis
23. Study of MEFV gene mutations in Behcet disease in North West of Iran
24. Health assessment in North West of Tabriz
25. Association of dietary intake of food groups with disease activity of rheumatoid arthritis: case-control study
26. Effects of oral alpha-lipoic acid supplement on some blood biochemical parameters and disease activity in women with rheumatoid arthritis.
27. Effectiveness of Self Care Education on Disease Outcomes in Patients with Osteoarthritis: A Randomized Controlled Trial study

Supervision of Thesis:

1. Study on Clinical Manifestations and Laboratory Findings of Patients with Systemic Lupus Erythematosus
2. Study of Neurologic Complications in Outpatients Cases with Behcet Syndrome Diagnosis in Tabriz Sina hospital
3. Comparing of Effect of Oral Prednisolone and Intra-Articular Triamcinolone in Treatment of Inflammatory Osteoarthritis of Knee
4. Study on mental health in rheumatoid arthritis
5. Study on Diagnostic Value of Anti Cyclic Citrullinated Peptide (Anti C.C.P) in Rheumatoid Arthritis Patients
6. A survey on Nutritional status of Postmenopausal Women and its Association with Serum Indicators of Osteoporosis and Bone Density
7. Efficacy and Safety of Topical Gel Prepared from MUD of Urmia Lake in Treatment of Knee Osteoarthritis

8. Vitamin D levels in patients with Behcet's disease
9. Study on Mental Health in Fibromyalgia Patients
10. The evaluation of concurrent supplementation with vitamin E and omega-3 fatty acids on plasma lipid peroxidation and antioxidant levels in patients with rheumatoid arthritis
11. Quality of life in rheumatoid arthritis, osteoarthritis and fibromyalgia and its comparison with quality of life in normal women.
12. Study on duration time between onset and diagnosis spondylitis ankylosant and severity of radiographic and clinical manifestation at the time of diagnosis
13. Effect of Omega3 Fatty Acids Supplement on Serum Osteoprotegerin/ sRANKL Ratio in Patients with Rheumatoid Arthritis
14. Effect of omega3 intake on anti-oxidant enzymes and lipid peroxidation in Rheumatoid Arthritis
15. Effect of Omega3 Fatty Acids Supplement on Serum Paraoxonase Activity in Patients with Rheumatoid Arthritis
16. Evaluation of serum Heparin levels and its relation with lipid peroxidation in Rheumatoid arthritis
17. Comparison of vitamin D level in patients with Behcet's disease and recurrent oral aphthous ulcer and healthy people and its relation to Behcet's disease activity.
18. The effect of Combined Antioxidant supplement on Clinical Outcomes, Blood Antioxidant Indices, Lipid Peroxidation and Lipid Profile in Rheumatoid Arthritis patients
19. Molecular analysis of genes (MEFV and CYP2D6) in patients with Ankylosing Spondylitis (AS) referred to specialized centers.
20. Comparison of Acupuncture and Fluoxetine in Improving of Fibromyalgia Symptoms.
21. Effect of Aerobic and Strengthening exercises on Balance, muscle strength and bone density in postmenopausal women with primary osteopenia and osteoporosis.

22. Diagnostic value of immune blotting assay for determination of anti-nuclear antibody (ANA) in rheumatic diseases.
23. Relationship between serum level of OPG/Rankle and disease activity and BMD in women with RA
24. The Effect of Concurrent Supplementation with Vitamin E and Omega-3 Fatty Acids on Clinical Aspects, Plasma Lipid Peroxidation and Antioxidant Levels in Patients with Rheumatoid Arthritis
25. Effects of oral alpha-lipoic acid supplement on some blood biochemical parameters and disease activity in women with rheumatoid arthritis
26. Investigation of interest, knowledge and practicality of EBM in Tabriz University of Medical Sciences medical staff
27. Association of dietary intake of food groups with disease activity of rheumatoid arthritis: case-control study
28. Formulation, quality control and clinical evaluation of body mud from Urmia lake minerals and peloids in osteoarthritis.
29. Effect of vitamin K supplementation on some biochemical markers and clinical status in women with rheumatoid arthritis
30. A multicenter study of clinical and laboratory findings of palindromic rheumatism in Iran
31. Effectiveness of Self Care Education on Disease Outcomes in Patients with Osteoarthritis: A Randomized Controlled Trial study
32. The effects of vitamin K supplementation on some biochemical markers and clinical status in women with rheumatoid arthritis
33. Diagnostic value of Immunoblotting assay for determination of anti nuclear antibody (ANA) in rheumatic diseases

34. Effectiveness of Self Care Education on Disease Outcome in Patients with Osteoarthritis : A Randomized Controlled Trial study

35. Effect of Alendronate on bone mass and activity of disease in Ankylosing Spondylitis

36. Effect of oral alpha -lipoic acid supplement on some blood biochemical parameters and clinical signs in women with rheumatoid arthritis

Interests: Rheumatoid Arthritis, Osteoarthritis, Behcet's Disease